



**PLUMBING-HEATING-COOLING
CONTRACTORS ASSOCIATION
OF GEORGIA**
Best People. Best Practices.™



Recognizing Outstanding Proactive Efforts in Safety



**PLUMBING-HEATING-COOLING
CONTRACTORS ASSOCIATION®**
Best People. Best Practices.®

Company _____

Address _____

City _____

State _____

I am a Sole Proprietor with no employees.

Company has _____ employees.

All Contractor Members please complete this section.

YES

NO

Do you inspect your tools and equipment on a regular and frequent basis?

Are these inspections documented?

Do you inspect your Personal Protective Equipment (PPE) on a regular and frequent basis?

Are these inspections documented?

Do you maintain Safety Data Sheets (SDS) on materials you use?

Do you update these SDSs to remain current?

Have you received Safety training this year? (examples - Fall Protection, Confined Space, Excavation, Ladders, Scaffolding etc.)

Please list the Safety training topics received this year.

All Contractor Members who are Sole Proprietor with no employees, you have completed the survey.

Thank You

All Contractor Members who have at least one employee, please continue with the survey.

YES NO

Do you have required OSHA posters in place?

Do you have a Safety Program / Manual?

Is this updated annually?

Do you have a Drug Free Workplace?

Do you have a Fleet, Driving Program, which includes inspection check list?

How often do you inspect vehicles and trailers? _____

Do you have a Distracted Driving Policy and driver training?

Is this training documented?

Do you have regular Safety Meetings / Tool Box Talks?

Are these documented with attendees?

Do you provide Safety Training for your employees?
(examples - Fall Protection, Confined Space, Excavation, Ladders, Scaffolding etc.)

Please list the Safety training topics received this year.

Do you maintain records of this training?

Do you have a current trained 1st Aid / CPR Trained employee? (with a recertification program) Certified by AHA (American Heart Association) or similar?

Do you have a New Hire Safety Orientation?

Do you have OSHA 10 Hour trained employees? (Construction / General Industry)

What percentage of your workforce has received OSHA 10 training? _____

Are accidents investigated to determine the Root Cause, to improve Safety Program?

All Contractor Members who with fewer than 10 employees, you have completed the survey.

Thank You

All Contractor Members who have 10 or more employees, please continue with the survey.

YES NO

Do you hold weekly Tool Box Talks with workforce?

Are these documented?

Do you have an OSHA 30 Hour trained employees?
(Construction / General Industry)

What percentage of your workforce has received OSHA 30 training? _____

Do you have an OSHA #510 Trained employee?

Do you have an OSHA #511 Trained employee?

Do you have an active Safety Committee, or Safety Technician?

Do you have and use Job Hazard Analysis (JHA)?

Do you track and use Near-Miss /Near-Hit reports to improve Safety Program?

Do you maintain an OSHA 300 log and 300A summary? (Applies to a company that employed more than 10 employees during any point during a 12 months period)

What is your company's Experience Modification Rate (EMR)? (Information from your insurance company) _____

What is your company's Dart Rate? (Dart Rate Calculator... creativesafety.com) _____

What is your company's Total Recordable Incident Rate? (Total Recordable Incident Rate calculator ...safetymanualtoday.com) _____

Thank you for taking time to complete this survey.

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Signature of person completing this form.



Additional Information

Safety Data Sheet (SDS) -- An SDS (formerly known as MSDS) includes information such as the properties of each chemical; the physical, health, and environmental health hazards; protective measures; and safety precautions for handling, storing, and transporting the chemical.

OSHA 10-hour training -- It is part of the OSHA Outreach Training Program, which explains serious workplace hazards, workers' rights, employer responsibilities and how to file an OSHA complaint. It teaches basic safety and health standard information to entry-level workers in construction and general industry.

OSHA 30-hour training -- It is part of the OSHA Outreach Training Program, which explains serious workplace hazards, workers' rights, employer responsibilities and how to file an OSHA complaint. It teaches safety and health standard information to workers in construction and general industry.

OSHA 510 Trained Employee -- A course which covers Federal OSHA policies, procedures, and standards, as well as construction safety and health principles and is the prerequisite to the OSHA 500 Outreach Trainer for the Construction Industry. (OSHA 500 authorizes one to teach OSHA 10- and 30-hour classes in Construction Industry Standards.)

OSHA 511 Trained Employee -- A course which covers Federal OSHA policies, procedures, and standards, as well as construction safety and health principles and is the prerequisite to the OSHA 501 Outreach Trainer for the General Industry. (OSHA 501 authorizes one to teach OSHA 10- and 30-hour classes in General Industry Standards.)

Job Hazard Analysis (JHA) -- A JHA is the breaking down of a job into its component steps and then evaluating each step, looking for hazards. Each hazard is then corrected or a method of worker protection (safe practice or PPE) is identified.

Near-Miss /Near-Hit -- OSHA defines a near miss as an incident in which no property was damaged and no personal injury was sustained, but where, given a slight shift in time or position, damage or injury easily could have occurred.

OSHA 300 log and 300A -- The OSHA 300 log is part of a federal requirement concerning safety in the workplace. OSHA Form 300A is the second page of the OSHA Form 300. The first page (Form 300) contains a log for work-related injuries and illnesses designed by the Occupational Safety and Health Administration (OSHA). OSHA Form 300A is an annual summary of the information contained on the log.

Experience Modification Rate (EMR) -- (EMR) is a number used by insurance companies to determine the likelihood that a business will experience worker's comp claims. A high EMR will drive premiums up, while a low score helps keep your insurance rates low. But that's not the only impact EMR has on your profits.

Dart Rate -- DART stands for Days Away, Restricted or Transferred. The DART rate is an OSHA calculation that determines how safe your business has been in a calendar year in reference to particular types of workers' compensation injuries.

The DART rate is calculated using the following formula: (Number of OSHA Recordable injuries and illnesses that resulted in Days Away; Restricted; Transferred X 200,000) / Employee hours worked = Days Away Restricted Transferred (**DART**) Rate.

Total Recordable Incident Rate -- The Total Case Incident Rate (TCIR) is defined as the number of work-related injuries per 100 full-time workers during a one-year period. OSHA uses the TCIR to monitor high-risk industries, and they also allow EHS managers to track incidents and discover patterns across different departments or facilities. You can calculate your TRIR by using the following formula:

- $(\text{Number of OSHA Recordable injuries and illnesses} \times 200,000) / \text{Employee total hours worked} = \text{Total Recordable Incident Rate}$